



BUILDING A STRONG AND FRUITFUL FAMILY

God wants more than a family. He wants a strong family. A family that is stronger than the potential challenges, trials, and storms of life. There is a difference between having a family and building a family.

Psalm 128:1-3 | Psalm 127:1 | Proverbs 24:3-4

The Need for Intentional Building

Every family will experience challenges. Disagreement will come. Financial pressure is sometimes inevitable. What about sickness? There may even be moments when someone fails. But the strength of a family is measured by its ability, through God, to remain united while confronting its problems.

A strong family is not built by chance, wishful thinking, or prayer alone; it requires intentional effort, wisdom, and alignment with God (**Psalm 127:1; Proverbs 24:3–4**). A family can exist biologically yet remain relationally broken, emotionally distant, and spiritually weak.

The Bible emphasizes that a threefold cord is not quickly broken. When husband, wife, children, and ultimately the Lord are joined together in covenant, the storms may come. Still, the family will prevail and remain standing after the storm, because the strength to overcome strong obstacles comes from God.

God desires families that are stronger than life's storms—not perfect families, but united ones that overcome trials through His strength (**Ecclesiastes 4:11–12**).



What is a Family?

Family was created by God, not society, government, or culture (**Genesis 2:18**). A biblical family is a covenant community rooted in love, responsibility, and purpose under God. God formed Adam, created Eve, brought them together, and blessed them to be fruitful. Therefore, family is fundamentally God's idea.

Family represents seven key pillars:

- **Belonging:** A place of clear belonging and acceptance.
- **Love:** Family should be a place where love is demonstrated through action, not just words
- **Covenant:** Remaining committed through hardship.
- **Responsibility:** Every member has something to contribute.
- **Protection:** Family should provide emotional, spiritual, moral, and practical covering
- **Formation:** Children first learn love, respect, faith, discipline, forgiveness, responsibility, and character within family life.
- **Legacy:** Family carries values from one generation to another.

Genesis 17:7

Family is not merely about surviving. Family is about preparing tomorrow's generation.

WHAT IS THE PURPOSE OF FAMILY?

God calls families to both multiplication and fruitfulness (**Genesis 1:28**). While multiplication concerns numbers, fruitfulness is about character, spiritual maturity, and kingdom impact. Families are designed to be a blessing to the world, influencing generations through their prayers, values, and character (**Genesis 12:3**).



There are generations connected to what you are building today. The prayers you pray today can affect generations. The values you establish today can affect generations. The character you model today can affect generations. And unfortunately, unresolved destructive patterns you unwisely fail to address can also travel through generations. That is why we must intentionally build our families.

GOD MUST BE THE FOUNDATION OF THE FAMILY

God must govern the home, not merely visit it (**Psalm 127:1; Joshua 24:15**). Jesus must shape how family members speak, resolve conflict, manage finances, and raise children (**Colossians 3:17**). His Word is the blueprint, wisdom is the building material, and love is the atmosphere.

God is the architect of the family. His Word is the blueprint. Love is the atmosphere. Prayer is the communication line. Wisdom is the building material, and Christ must remain the foundation.

WHAT BINDS A FAMILY TOGETHER.

Families are united by God's presence, unconditional love, prayer, trust, forgiveness, and mutual support—sharing both joys and burdens together.

Romans 12:15

God's presence, unconditional love, prayer, forgiveness, trust, mutual respect, celebrating one another, and standing together during difficulties.

Strong families celebrate victories together and carry burdens together. When one person succeeds, everybody celebrates, and when one person hurts, everybody responds with compassion. In a strong family, nobody fights alone.

WHAT DIVIDES AND DESTROYS A FAMILY

Division destroys the home (**Matthew 12:25**). Satan understands the power of unity; therefore, he uses division to make his presence known in the family.

Division is dangerous, and it starts with: -

- **Selfishness:** Focusing on personal desires over family needs (**Philippians 2:4**).
- **Pride:** Refusing to apologize or admit faults. Pride makes apologies difficult. Pride says, "I am never wrong," but three words can rescue dying relationships. "I was wrong," or "Please forgive me"
- **Unforgiveness:** Allowing bitterness to trap the relationship. Bitterness will always turn yesterday's injury into today's prison. One effective way to build a strong family is to learn to forgive each other as soon as an offense is committed.
- **Infidelity:** Breaking covenant trust (**Hebrews 13:4**). Guard your marriage faithfully and honestly.
- **Poor Communication:** Silence can become a wall. Don't stop talking until the issue is resolved. But make sure your words are seasoned. Harsh words can become wounds. And constant criticism can destroy confidence.
- **Financial Irresponsibility:** Dishonesty and a lack of budgeting. Money problems can become relationship problems. A strong family needs honesty, budgeting, agreement, and discipline.
- **Unhealthy External Influences:** Failing to set boundaries with extended family, social media, or unhealthy comparisons (**Genesis 2:24**). Destinies are not the same. Stop comparing your family with somebody else. Build what God has given you.
- **Spiritual Neglect:** Abandoning prayer, Scripture, and worship. When prayer disappears, Scripture disappears, worship disappears, and God is pushed aside, a family loses its spiritual identity and authority.



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Conclusion

Money can buy a house, but only God can build a home. You can give children possessions without giving them direction. But when God becomes the foundation, He gives you wisdom to build what money alone cannot buy.

Building a strong and fruitful family is intentional. After you have prayed and fasted, get down to work and build your family. It may take time, and sometimes it's hard, but it can be done. After praying, take intentional action to construct a lasting, fruitful family with Jesus Christ as the firm foundation.

By the grace of God, Jesus Christ shall remain the foundation of our families, in Jesus name. Amen!



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STUDY NOTES